

The series of seminars on shamanism with shaman Taras Ghurba



This program of seminars is for people interested in their spiritual development and ancient tradition of Faith Eternal Heaven or Shamanism. The representatives of any religious denomination may touch on this tradition focused on compassion for all living beings and abstained from the dictatorial monopoly on the truth.

You can participate in one or more seminars by choice, without losing the quality of the acquired knowledge and skills.

The obtained knowledge can be useful to Christians and Buddhists, Muslims and Taoists, and is great for representatives of other religions who want to better understand their traditions . For those who will feel a deep kinship with the tradition of Faith Eternal Heaven in the way of transmission of the Ninth shaman`s Heaven of the White Dragon, this tradition can be a Refuge in the achievement of personal happiness in everyday life, and on the other side of death. The program lasts for a year or just two classes. During the course the participant can make significant changes in the perception of the world, can raise the level of volitional self-organization, can gain the power in achieving of the exempt purposes.

One seminar lasts for 2 half days (21 hours).



The introductory lecture. Shamanism Is the Way Of Truth.

The lecture will teach the basics of ancient Eurasian spiritual tradition. Setting out ideas about the causes of happiness and suffering of living beings. Giving the doctrine of good fate, life choices, death, and rebirth of a person. Making the ritual of "Purification of Space", which promotes the harmonization of people's lives in a particular area.

The duration of the lecture and ceremony – 2 hours.

The 1st seminar. Shamanism. Attracting happiness in your life. The attainment of health, of helpmate and material well-being.

During the seminar you will:

- learn the basics of the ancient spiritual traditions and receive the protection of the shamanic Heaven;
- learn to recognize the energy of existence;
- possess method for managing of the primary elements of the universe;
- achieve a harmonious state in matters of health, private life and material well-being;
- spread your joy to the others.

The 2nd seminar. Shamanism. The basics of spiritual healing.

For professional healers, astrologers, psychologists, medical workers and for those who are interested in sustainable causes for happiness.

During the seminar you will:

- take Refuge in the shamanic Heaven;
- study the theory of the five primary elements and Mongolian astrology «Zurgha»;

- learn how to apply it in a diagnosis situation;
- prevent and correct tense situations;
- study the patterns of interaction between people and various spirits;
- eliminate the influences of evil spirits, and fasten your own energy
- produce "definition of destiny" and make important decisions by using shamanic divination «Huanagh».



The 3rd seminar. Shamanism. Spiritual security and the elimination of obstacles on the Way of life.

During the seminar you will:

- understand the doctrine of total security and happiness of a person which comes with the support of the Heavens;
 - study the system of challenges, threats and risks, imposed by the contemporary global mass culture;
 - navigate in the world of subtle entities and find protection against evil spirits and black magic;
 - define a personal strategy of survival and development;
- learn techniques and gain the strength to remove the difficulties in everyday life.

The 4th seminar. Shamanism. Management of subtle energies. The awakening of sleeping and in reality.

During the workshop you will:

- get an idea about the universe, about the patterns of existence of mind, energy and body;
- gain knowledge about «prophetic dreams» and the signs sent to the people by the heavenly patrons;
- strengthen your relationship with your heavenly protectors and remove the spell of evil spirits;
- learn how to manage the reality of the dream and implement the shamanic journey;
- raise your level of awareness to awaken to daily life.

The 5th seminar. Shamanism. Definition of the challenges of the Heavens and the realization of the most important task of your life.

During the seminar you will:

- understand the different aspects of your life situation;
- determine your own position in the world of family, friends and society;
- apply the method of the «heavenly mirror» to explore your inner intimate life;
- determine the most relevant direction for your daily efforts and a system of phased tasks;
- take Refuge of the shamanic heavenly patrons and realize your most important task;
- live your life more fully, achieving a new level of your spiritual organization.



The 6th seminar. Shamanism. Interaction with natural energies.

During the seminar you will:

- learn how to remove the fatigue of the everyday bustle of the city contacting with the nature;
- use the favor of the spirits, the guardians of a specific location;
- set up a personal altar at the tree, water source, on the mountain;
- feel «at home» on any natural geographic territory,
- summon up fresh energy needed in everyday life;
- take off the weariness by way of work or family life;
- maintain continuously high energy and level of perception.

The 7th seminar. Shamanism. Finding calm and clarity.

During the seminar you will:

- study the presentations of shamans about the nature of reality,
- learn the knowledge about the «here and now» as a main support in the finding of happiness,
- adopt the practice of staying in peace and in discipline of the mind,
- learn to recognize the energy of the potentials of your thoughts and control them
- allow to intensify your own personal spiritual experience and feel a state of «clarity».



The 8th seminar. Shamanism. The Indwelling of the Presence.

Classes focus on:

- strengthening of the experiences of the «calmness and clarity» of the mind,
- development of the method of a naked contemplation of the reality,
- improvement of the emotional self-control and purification of mind from harmful energies,
- diving in a deep concentration on the void nature of the mind, leading to the experience of the «Presence» of the Deity,
- getting prayers, mantras and sutras that provide a taking Refuge in the tradition of Yellow Shamanism,
- providing an opportunity for intensive independent practice.

The 9th seminar. Shamanism. Astrology of the elements «Zurgha».

During the classes you will get the opportunity to get acquainted with ancient basis of the Mongolian, Tibetan, Chinese, Japanese astrological systems based on «cycle of the twelve animals».

This knowledge will allow you

- to practice individually these astrological system based on the original calendars;
- to produce the necessary calculations professionally for making predictions for yourself and for others;
- to perform the necessary ritual actions and with minimal losses to overcome difficulties, from the astrological point of view such situations as «coincidence», «coincidence of menghe», and to harmonize relationship of close relatives that are in astrological opposition.



The 10th seminar. Shamanism. Life as a preparation for a death.

In this seminar the author will represent the understanding of death as a good possibility of deliverance from all samsaric suffering.

Content of the seminar is the practice of conscious preparation for death, conscious dying and rebirth. It also includes various methods for the detection and correction of basic karmic trends constituting his earthly life and after-death fate, the practice of longevity and life extension.

The result of this training is to get rid of unconscious fears, conscious and happy life. The author is based all offer theoretical knowledge on twenty years of experience in shamanic work, in particular on the rite of Seeing off the deceased.

The seminar will be provided theory and practice on the following issues:

- Understanding of the structure of the Universe and the destiny of man. Tendency of the mind and Six Roads that open at the time of death. The possibilities of real choice of the Way.

- Physical aspects of dying. Wandering souls in search of a new rebirth. The stage of the intermediate state between death and a new birth.
- Practices on the detection of primordial awareness, purification elements, the management of energy of awareness. Dealing with negative emotions.
- Conceptions on the nature of reality as like an illusion. Understanding the trick dispositions of consciousness, forming factors of karma. How to fix the "bend" aspects of the past, cleansing from unconscious predispositions, fears and anxiety.
- Practice of self-awareness in the dream and controlling the dream. Awareness of daily life as sleeping. The practices on the past.
- Understanding the fate of man as a predestination given by the Heavens. Taking Refuge. Understanding methods of interacting with deceased loved ones. Practice of averting the death and renewal of life.

The 11th seminar. Women's happiness.

After the workshop You will have more or less adequate representation about the differences of energies: which ones are responsible for health, and which ones are for beauty and attractiveness, for socialization and material prosperity, for love and family. You will feel the energy responsible for the formation of your personality. You will have real mechanisms to understand yourself to separate the ideas of "the real" from that which imposed by mass culture, parents, environment, negative programs, and get rid of them. You will learn how to manage your own energy starting from a joy and spontaneity, and how to interact with the inner world of another person. You will be given a practice of getting rid of fatigue, pain, and contact with the universal indestructible "body of courage" .

At the seminar You will receive:

- Common concepts about the causes of happiness and suffering. The idea of heaven and earth, Yin and Yang, the polar forces of the Universe and their interactions and flow;
- understanding of Yin as a universal femininity. Types of expressions feminine energies. The practice of calm abiding;
- understanding of basic elements as the indestructible basis of life. Five kinds of human forces and five types of a pain;
- the idea of a predominant type of attention and personal aspect of harmony of energy. Methods of removing barriers, restoring energy;
- the idea of planetary types of energies responsible for the individuality of a person. Recognition skills of its type and the type of their partner. Understanding about the type of programming received during the education. Eliminating inappropriate imposed patterns of behavior. Determination of the optimum strategy of behavior and communication;
- the practices on the past. Cleansing from pain and fear;
- view the full image itself and the definition of a patron Saints. The practice of relying on idam – beloved deity. Transmission of mantras, sutras, prayers for the practice of the heavenly patron of female deities – guardians and deities responsible for health, attractiveness, family harmony, prosperity, protection and wisdom.

Taras Ghurba realizes the individual acceptances of the applicants on the following issues:

- Determination of human destiny: diagnosis and correction of situations on the basis of divination «Huanagh», astrological data analysis and direct observation.
- Removing of the impacts of harmful energies (removing of the spoiling and the damnation),
- balancing of the energy, the increase of the consciousness, the return to the soul – the ritual of «Purification of the spirit»,
- for the prosperity of the family, success in financial matters – the ritual «Buina Unshlig»,
- finding a «life partner» – the ritual «Chigidin dagzhad»
- sending-off to the other world, to the direction of its Heaven of Joy, – the ritual of «Gandan topcha»,

- the consecration of residential and working premises, land, waters, forests, mountains etc.;
- the revival of amulets;
- the ritual for noble Scion
- Healing:
 - the revealing of the causes of the diseases on a spiritual, energetic and physical levels;
 - refinement, correction by using of prayers, by the shamanistic rites of kusungu mirror and by tambourine;
 - recommendations on nutrition, lifestyle and other factors;
 - traditional herbal medicine of Sayan highlands;
 - the healing by the imposition of hands;
 - successful healing of nervous disorders, articular herniation, hemorrhoids, inflammations and cystic formations, cancer from the 2–3th to the third degree, sinusitis, warts, women's and men's diseases, ulcers and other chronic diseases.

About tradition of Yellow Shamanism



This is unique spiritual movement that emerged in the early second Millennium BC on the territory of modern Mongolia, Buryatia and Tuva. The formal reason for the emergence of this spiritual teaching was the penetration of the Yellow Faith, so-called Tibetan Buddhism in the Sayan region, traditionally considered the cradle of the Black Faith, or shamanism, of the Faith of the Eternal Sky. The religious basis for such dialogue and further merger was a mutual recognition of these traditions regard to their deep spiritual roots, which goes back to prehistoric antiquity.

As a consequence of conversations between lamas and shamans it was found that many of the deities of the pantheons of these traditions from time immemorial revered by both traditions, in fact, were identical. Many Buddhist's patrons are recognized by shamans as saigusa as a power patronizing people. At the same time, the main Buddhist's patron – the Keeper of the shamanic teachings of Dain Taerg – was declared as a Saint Buddha. For this deity, worshipped under the name of Ham Bogdo Dain Taerg of Deerga which means in Mongolian «Saint Buddha, Shaman, Divine Heavenly Warrior», was built a special monastery in Hubsugul aimag of Mongolia, where continuously was praying for him. In Tibetan iconography Dain Taerg is portrayed

with shamanic attributes, with bows and arrows, as a symbol of impeccable accuracy, of ability to achieve committed targets, the ability to control the «knight of destiny», with the Victory Banner and with the rosary. Usually he is depicted in the presence of Guru Padmasambhava and of Lama Tsongkhapa. This tradition testifies to the deep connection of the cult of Dain Taerg with the teachings of the major Buddhist schools, in particular with the tradition of the Old school Nyingma, Dzogchen, and the New Gelug school and the teachings of Lam-rim.

The philosophical basis of Yellow shamanism thus provides a basis in understanding about the nature of the Eternal Heaven, final and indestructible basis of life, the Universal Mind, which is attained by direct experience in the situation «here and now». An important feature of the movement towards Yellow shamanism is compassion for living beings, reversing the trends of the limited ego. A significant feature of Yellow shamanism is the reliance on philosophical apparatus of astrological system «Zurgha». This is one of the individual variants of astrology «the 12 of animals», which is known as the «Oriental horoscope» along with Tibetan, Chinese and Japanese options. Shamans are regarded to the «Zurgha» as to the ancient theory of Primary Elements originating from a prehistoric preliterate roots of the Eurasian civilization. Besides the obvious applied values of this astrological system, which is important in psychology and medicine, cosmology and social management, pays special attention to the educational potential of this system. A method of monitoring the transformation of life cycles, lets you practice to discover the timeless meanings, and connect with the eternal essence of things, which is called the Eternal Blue Heaven.

Nowadays the Keeper of tradition of Yellow shamanism is Tash-ool Buuyevich Kunga, living in Samagaltai – the ancient capital of Tuva Republic. B. T. Kunga was born in 1940. In early childhood he demonstrated an amazing ability. He was recognized as a rebirth of an ancient family of Great Shamans of the Ninth Heaven with the spiritual name White Dragon. The tradition was saved by him from destruction in the years of Stalinist repression, and it was revived without any interruption in the eighties of the last century, thereby contributing to the legality of religious activities in Tuva and Russia. He has built two Buddhist temples and several stupas in Tuva. He teaches the lamas and shamans. Recognized as a charismatic healer, a social activist, developing the national characteristics of the Kyrgyz shamanism and historical heritage of Kyrgyz people. The Kyrgyz people or the Aryans are called the common people, the ancestor of the Indo-European civilizations that used to exist before its cultural-linguistic separation. Master carving ivory and stone.



In the European part of Russia and beyond the tradition of Yellow shamanism is known largely through the activities of T. Ghurba – student of T. B. Kunga.

Taras Ghurba

A practicing shaman and healer, author and presenter of seminars on the philosophy of shamanism, theories of primary elements and astrology Zurgha, the Chairman of the religious group shamans "Kusungu–Eeren" (Russia, St. Petersburg).

Was born in 1971.

Graduated of Saratov State University, candidate of

philosophical Sciences.

Worked in the Political Consulting Center under the President of the Russian Federation.

Worked as a creative Director of the Creative Association of 3D Film.

The author of books and articles on shamanism, religious art, spiritual grounds of public security.

The author of the film "White Dragon" about T.B.Kunga – Shaman Master.

Studied various spiritual systems, including those, which are based on the transmission from His Holiness the Dalai Lama 14th, from Namkhai Norbu Rinpoche, from Ole Nydahl Rinpoche, from Elo Tulku Rinpoche, from the Orthodox elders and other Masters.

In 1997 he received a shamanic initiation from Tash-ool Buyevich Kunga with the spiritual name of Black Float.

Taras Ghurba sees his destiny in the fate of his native land, supports projects that focus on spirituality and ecology, engages in social activities in the tradition of regimental priests, preserves and multiplies the Kyrgyz tradition of shamanism. He performs the functions of patient spiritual teacher for those who need it, without imposing anything, and allowing people to choose the Way that is closer to them.



Personal website of shaman Taras Ghurba (available in English): www.shaman-ghurba.com

«The White Dragon» film by Taras Ghurba: http://vk.com/video29547367_89827262

The pages of shaman Taras Ghurba in social networks:

www.facebook.com/shaman.ghurba

www.instagram.com/shaman.ghurba

www.youtube.com/user/TarasBG